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Micropropagation and *Ex Situ* Conservation of *Silene Fabaria* (L.) Sm. in Sibth. & Sm. Subsp. *Domokina* Greuter (Caryophyllaceae); An Important Endemic Plant in Greece With Medicinal and Ornamental Value

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Abstract

Silene species (Caryophyllaceae) are sources of important secondary metabolites with extensive use in traditional medicine and potential applications as ornamentals. The present study was conducted to assess the regeneration potential of *Silene fabaria* subsp. *domokina* to produce massive clonal *in vitro* plants. Two experiments were conducted. The basal culture medium used was the MS. In the first experiment, the effect of 3 cytokinins; BA, KIN and 2-ip applied alone and in combination with 3 auxins; IBA, NAA and IAA was studied. In the second experiment, the effect of 3 auxins; IBA, NAA and IAA, each applied in 3 different concentrations (0.1, 0.25 and 0.5 mg/l) was studied. Shoot proliferation 100%, highest shoot proliferation rate (4.83) and shoot number (3.67) were achieved with 0.25 mg/l BA and 0.1 mg/l IAA (5 weeks). IAA at 0.5 mg/l was the most effective in stimulating shoot elongation (80.63 mm). Rooting 100% was obtained with 0.1 mg/l IBA yielding 7.3 roots 22.91 mm long (4 weeks). *In vitro* plants were successfully acclimatized with 92.31% survival rate. This study is the first micropropagation report of *S. fabaria* subsp. *domokina* that could be exploited for rapid, large-scale production and future germplasm maintenance of this valuable prioritized species-subspecies.

Indexing Terms/Keywords: Caryophyllaceae, *Ex Situ* Conservation, Germplasm Preservation, Greek Flora, Micropropagation, *Silene fabaria* subsp. *domokina*

Introduction

One of the aims of Global Strategy for Plant Conservation is the *ex situ* collection of at least the 60% of plant species threatened with extinction exhibiting a safeguarding role [1]. The temperate regions of the Northern Hemisphere are the natural habitat of species that belong to the *Silene* genus [2]. *Silene* L. is a promising genus for extensive use as a landscape ornamental due to its drought tolerance, profuse flowering and perennial characteristic [3]. Several species of *Silene* L., a genus of the Caryophyllaceae, have been recognized as ornamental plants suitable for rock gardens, herbaceous borders, and naturalized areas [4]. In Greece alone (major centre of the genus diversity) [2], 136 *Silene* species and subspecies are presently found, of which 53 are endemic to the country [5, 6].

A number of *Silene* species have been used in traditional medicine to treat inflammations, bronchitis, cold and infections or as a diuretic, antipyretic, analgesic and emetic [7–13]. Defense compounds including a variety of secondary metabolites are products of *the Silene* genus which are implicated in plant protection against microbes and herbivores [14, 15].

Silene fabaria (L.) Sm. in Sibth. & Sm. subsp. *domokina* Greuter (Caryophyllaceae) is a perennial herbaceous plant with erect stems, whitish flowers and purplish filaments and somewhat fleshy, elliptic-obovate, glaucous leaves (possibly edible), which occurs predominately on serpentine (also on flysch) and with a flowering period to be extended from April to August [16]. It is a range-restricted Greek endemic subspecies with disjunct distribution only in three out of 13 phytogeographical regions of Greece i.e. small parts of South Pindos, East Central Greece

(Mt Geraneia) and Sterea Hellas (Domokos area) [5, 6]. This neoendemic taxon shows a disjunct distribution between the serpentine parts around the town of Domokos and the north-west serpentine slopes of Mt. Gerania (Greuter 1995). Except of serpentine predominately habitats, disturbed alluvia and scree along road embankments constitute the secondary man-made habitats in which this plant species exists [17].

Ex situ conservation of rare, endemic and endangered plants through *in vitro* culture techniques has been of high significance during time [18, 19]. *In vitro* culture of some *Silene* species such as micropropagation of *S. cretacea* [20], a *Silene* hybrid (*S. polypetala* x *S. virginica*) [21] and *S. sangaria* [22], suspension cultures of *S. vulgaris* [23], shoot regeneration of *S. vulgaris* [24, 25] and *S. thymifolia* [26] have been described previously.

According to North et al. [27], the concentration and combination of auxins and cytokinins in the culture medium is a critical parameter which determines the efficiency of plant regeneration. Therefore, for successful *in vitro* propagation of *S. fabaria* ssp. *domokina* is essential to study the optimum combination of cytokinins and auxins as well as their interaction in the culture medium with respect to their concentrations for maximal shoot proliferation and/or rooting response.

To date, there has been no report on the *in vitro* culture of *S. fabaria* ssp. *domokina* and therefore the aim of the current study was the development of a mass regeneration *in vitro* protocol for conservation of genetic resources and safeguard inheritance for future generations.

Materials and Methods

Plant material collection

Plant material was collected from the natural habitats of the selected species. Plant material (living plants) was collected from ophiolithic screes of Omvriaki mining area (Domokos, Sterea Hellas), at an altitude of 500 m above sea level during a botanic expedition conducted (accession number GR-BBGK-1-98,456 linked with site description, habitat information and treatments received). In total, six plant individuals were placed in 1.5 L pots right after collection and were transferred at the Balkan Botanic Garden of Kroussia-Laboratory for the Conservation and Evaluation of Native and Floricultural Species (Institute of Plant Breeding and Genetic Resources, Hellenic Agricultural Organization Demeter) for immediate care to recover from transplanting shock.

Plant material and *in vitro* culture conditions

For the initial establishment of the plant material *in vitro*, shoot tips of *S. fabaria* subsp. *domokina*, 1-1.5 cm long were dissected and removed from mother plants maintained in a peat:perlite (1:1) substrate in pots under unheated-greenhouse conditions. For the disinfection of plant material, shoot tip explants were soaked in 70% ethanol for 1 min followed by 2.5% NaOCl solution for 15 min with agitation and rinsed for 4-5 times with sterile distilled water. The basal culture medium used for the initial establishment phase was the Murashige and Skoog (MS) [28] supplemented with 30 g/l sucrose (Duchefa, The Netherlands), 0.25 mg/l benzyladenine (BA), 0.1 mg/l indole-3-butyric acid (IBA), 0.1 mg/l gibberrellic acid (GA₃) and solidified with 6 g/l Plant Agar (Duchefa, The Netherlands). The successfully established explants (pathogen-free) were sub-cultured every 4 weeks and for 3 successive times (3 continuous months) in the above medium until a sufficient plant material to be produced. The proliferated plant material was transferred into a hormone-free MS culture medium for 3 weeks prior experimentation.

The experimental material used was shoot-tip explants of 2.5-3.5 long obtained from previous *in vitro* cultures. Two experiments were conducted. In the first experiment, the effect of 3 different cytokinins; BA, kinetin (KIN) and 2-isopentenyladenine (2-ip), each applied at 0.25 mg/l in combination with 3 different auxins; IBA, α -naphthaleneacetic acid (NAA) and indole-3-acetic acid (IAA), each applied in 3 different concentrations (0, 0.05 and 0.1 mg/l) on shoot proliferation ability was studied. The control treatment was devoid of plant growth regulators (cytokinin- and auxin-free). The basal culture medium used was the MS supplemented with 30 g/l sucrose and solidified with 7 g/l Plant Agar. The pH value of the culture media was adjusted to 5.8 before adding

the gelling agent and afterwards the media were sterilized in autoclave at 121 °C for 20 min. Shoot-tip explants were transferred into Magenta vessels containing 35 ml of MS medium. All cultures were maintained in a growth chamber with a 16-h light duration (40 $\mu\text{mol}/\text{m}^2/\text{s}$) supplied by cool white fluorescent lamps and a constant temperature of 22 ± 2 °C. After 5 weeks of culture, the following measurements were recorded: shoot number/explant, shoot length (mm), shoot multiplication percentage (%), shoot proliferation rate, root number/rooted microplant, root length (mm) and rooting percentage (%). In the second experiment, the effect of 3 different auxins; IBA, NAA and IAA, each applied in 3 different concentrations (0.1, 0.25 and 0.5 mg/l) on rooting ability was studied. The control treatment was auxins-free. The basal culture medium used was the MS supplemented with 20 g/l sucrose and solidified with 6 g/l Plant Agar. The pH value of the culture media was adjusted to 5.8 before adding the gelling agent and afterwards the media were sterilized in autoclave at 121 °C for 20 min. Shoot-tip explants were transferred into Magenta vessels containing 35 ml of MS medium. All cultures were maintained in a growth chamber with a 16-h light duration (40 $\mu\text{mol}/\text{m}^2/\text{s}$) supplied by cool white fluorescent lamps and a constant temperature of 22 ± 2 °C. After 4 weeks of culture, the following measurements were recorded: root number/rooted microplant, root length (mm), rooting percentage (%), shoot number/explant, shoot length (mm), shoot multiplication percentage (%) and shoot proliferation rate.

Ex vitro acclimatization of rooted *in vitro* plants

In mid-February 2018, obtained rooted microplants with well-developed shoots were washed with running tap water and transferred to a peat moss (Terrahum): perlite (Geoflor) (1:1 v/v) substrate. The plantlets were transferred onto 84-position trays and placed on a bench plastic tunnel with adjustable relative humidity (internal mist system), with 65-72% relative humidity for 4 weeks, under unheated greenhouse conditions. In mid-March 2018, the successfully acclimatized plants were transplanted into larger pots (0.33 Lt – 8x8x7 cm) containing a more enriched in organic matter substrate mixture of peat moss (TS2, Klassmann): perlite (Geoflor): soil (2:1½:1½ v/v ratio) and placed onto a greenhouse bench ($50 \pm 5\%$ relative humidity) for 7 more weeks (until mid-May) and irrigated by an automatic sprinkling system. The plants were transplanted afterwards into pots of 2.5 L containing a peat moss (TS2): perlite: soil substrate (2:1½:1½ v/v ratio) and maintained in the same greenhouse for another 2 weeks (until the end of May) where irrigation was provided manually when was necessary depending on environmental conditions. The first week of June, the potted plants were transferred outdoors in the nursery and observations were taken after a period of 3 weeks (end of June). Data were obtained after 16 weeks (from rooted microplants to fully acclimatized) and their survival percentage was recorded.

Statistical analysis

Both experiments were completely randomized and analyzed with ANOVA (Analysis of Variance) using the statistical program SPSS 17.0 (SPSS Inc., Illinois, New York, USA) at $P \leq 0.05$, according to Duncan's multiple range test \pm SE in order significant differences among treatments to be established.

The first experiment included 22 treatments with 12 replicates (3 Magenta vessels x 4 explants each). The experiment was a 3x3x3 factorial one with 3 different cytokinin types (BA, KIN, 2-ip), 3 different auxin types (IBA, NAA, IAA) and 3 different auxin concentrations (0, 0.05, 0.1 mg/l) and the control without auxins, without cytokinins and none plant growth regulators. The effect of the main factors (i) cytokinin type, (ii) auxin type (iii) auxin concentration and their interactions were determined by the General Linear Model (3-way ANOVA).

The second experiment included 10 treatments with 16 replicates (4 Magenta vessels x 4 explants each). The experiment was a 3x3 factorial one with 3 different auxin types (IBA, NAA, IAA) and 3 different auxin concentrations (0.1, 0.25, 0.5 mg/l) and the control without auxins. The effect of the main factors (i) auxin type, (ii) auxin concentration and their interaction were determined by the General Linear Model (2-way ANOVA).

Results

In the present study, 90.91% pathogen-free plant material was recorded after 4 weeks in culture, following disinfection with 70% ethanol for 1 min and 2.5% NaOCl solution for 15 min with agitation. Within a 3-month

period of continuous sub-culturing the explants in the initial establishment medium of 0.25 mg/l BA, 0.1 mg/l IBA and 0.1 mg/l GA₃ there was an extremely rapid increase in the number of produced explants, from the 15 initial explants to a total of 200 shoot tips.

In the first experiment, the best shoot proliferation treatment was the combination of 0.25 mg/l BA with 0.1 mg/l IAA, yielding 100% shoot formation percentage, 3.67 shoots/explant, 36.37 mm average shoot length and 4.83 shoot proliferation rate for all explants used in this treatment (Figure 1h). However, the longest shoots (66.45 mm) were obtained in the control, in a medium without plant growth regulators (Figure 1a). Shoot proliferation 100% was recorded in the additional 3 treatments: 0.25 mg/l BA (Figure 1b), 0.25 mg/l BA with 0.05 mg/l IBA (Figure 1c) and 0.25 mg/l BA with 0.05 mg/l NAA (Figure 1e). The application of BA alone and in combination with all 3 auxin types (IBA, NAA, IAA) in the culture medium considerably increased (approximately by 3.5-4.5 times) shoot proliferation rate (3.25-4.83) in relation to the control's. The other 2 cytokinins (KIN and 2-ip), on the other hand, applied either alone or with auxins gave similar shoot proliferation rates (0.21-1.88) to the control's (0.93), except for the 0.25 mg/l 2-ip + 0.1 mg/l NAA hormonal combination treatment exhibiting a shoot proliferation rate of 2.37. Macroscopic observations among the 22 treatments on shoot growth and development of explants, related to the increased size of leaves, shoot/leaves thickness, green color, vigor and robustness, obtained in media supplemented with 0.25 mg/l KIN (Figure 1i) and 0.25 mg/l KIN + 0.05 or 0.1 mg/l IBA (Figure 1j-1k). KIN and 2-ip caused a substantial decrease in shoot proliferation (Figure 1i-1v) in comparison to BA (Figure 1b-1h) and control (Figure 1a) (Table 1).

In the first experiment, regarding rooting, the number of roots/rooted microplant was maximum (10.08) by fortifying the MS medium with 0.25 mg/l KN + 0.1 mg/l IAA (Figure 1o), whereas root length was higher (37.85-39.6 mm, almost double) in the medium with 0.25 mg/l BA + 0.05 or 0.1 mg/l IBA (Figure 1c-1d), compared to the control (6.38 roots 21 mm long) (Figure 1a). Root induction at 100% was achieved in the following 3 treatments: 0.25 mg/l KIN (Figure 1i), 0.25 mg/l KIN with 0.05 mg/l IBA (Figure 1j) and 0.25 mg/l KIN with 0.05 mg/l IAA (Figure 1n) (Table 2).

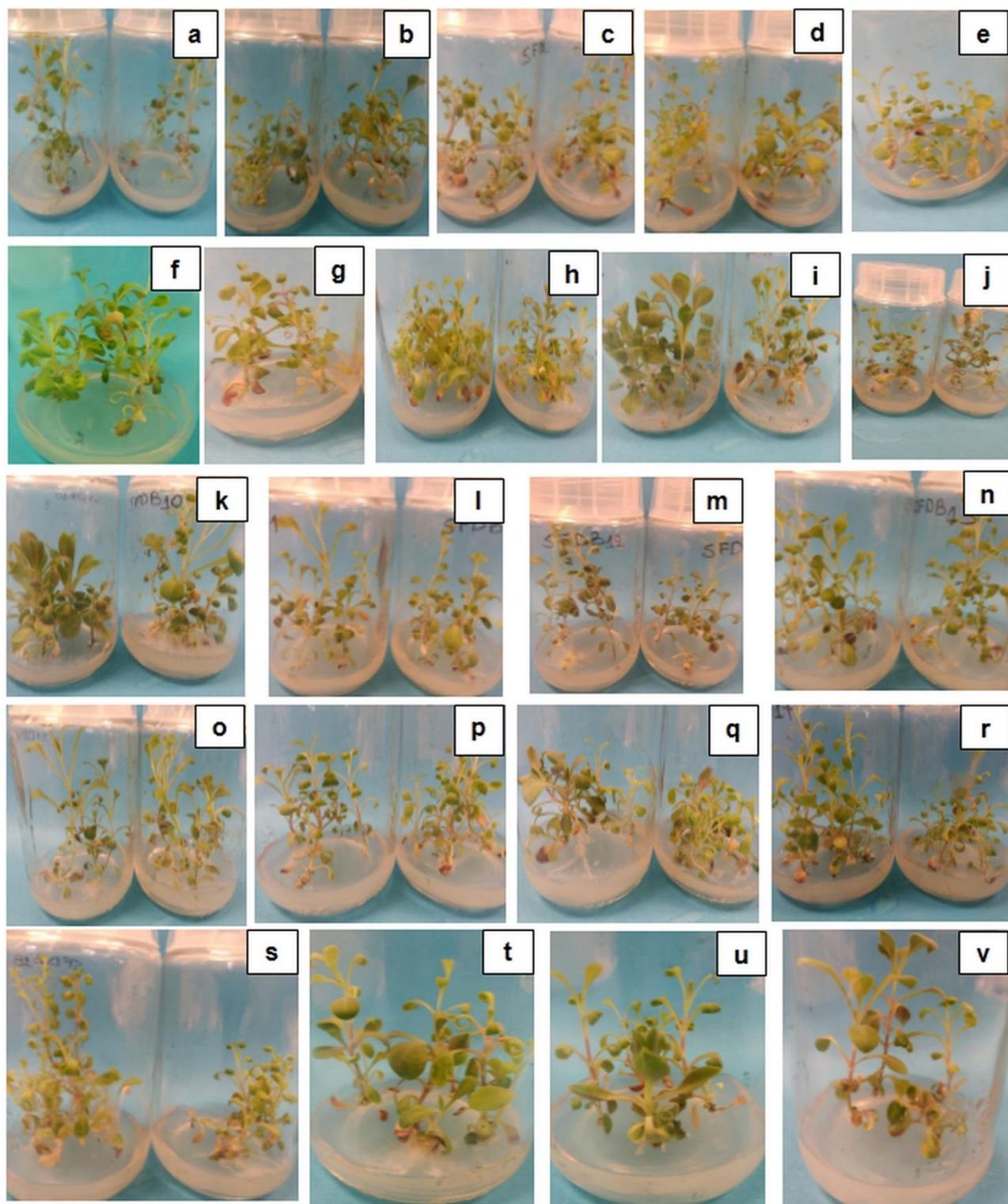


Figure 1. *In vitro* propagation of *S. fabaria* subsp. *domokina* explants after 5 weeks of culture in MS medium supplemented with different combinations of PGRs (mg/l): **(a)** Control (hormone free), **(b)** 0.25 BA, **(c)** 0.25 BA + 0.05 IBA, **(d)** 0.25 BA + 0.1 IBA, **(e)** 0.25 BA + 0.05 NAA, **(f)** 0.25 BA + 0.1NAA, **(g)** 0.25 BA + 0.05 IAA, **(h)** 0.25 BA + 0.1 IAA, **(i)** 0.25 KN, **(j)** 0.25 KN + 0.05 IBA, **(k)** 0.25 KN + 0.1 IBA, **(l)** 0.25 KN + 0.05 NAA, **(m)** 0.25 KN + 0.1 NAA, **(n)** 0.25 KN + 0.05 IAA, **(o)** 0.25 KN + 0.1 IAA, **(p)** 0.25 2-ip, **(q)** 0.25 2-ip + 0.05 IBA, **(r)** 0.25 2-ip + 0.1 IBA, **(s)** 0.25 2-ip + 0.05 NAA, **(t)** 0.25 2-ip + 0.1 NAA, **(u)** 0.25 2-ip + 0.05 IAA, **(v)** 0.25 2-ip + 0.1 IAA

Table 1. Effect of BA, KN and 2-ip in combination with or without the auxins IBA, NAA and IAA on shoot proliferation of *S. fabaria* subsp. *domokina* after 5 weeks in culture [*P*-values from 3-way ANOVA for variables cytokinin type (A), auxin type (B), auxin concentration (C) and interactions]

Treatments (mg/l)	Shoot formation (%)	Shoot number / explant	Shoot length (mm)	Shoot proliferation rate
Control	33.33 c	1.33 ± 0.14 ab	66.45 ± 5.96 g	0.93 ± 0.04 abcd
0.25 BA	100 h	3.25 ± 0.35 ef	30.79 ± 1.83 ab	4.08 ± 0.47 fgh
0.25 BA + 0.05 IBA	100 h	2.83 ± 0.34 cdef	35.21 ± 3.15 abc	3.50 ± 0.34 fg
0.25 BA + 0.1 IBA	91.67 h	3.67 ± 0.67 f	37.26 ± 2.12 abc	4.35 ± 0.67 gh
0.25 BA + 0.05 NAA	100 h	3.08 ± 0.38 def	30.15 ± 1.75 ab	3.50 ± 0.44 fg
0.25 BA + 0.1 NAA	91.67 h	3.58 ± 0.42 f	36.25 ± 2.63 abc	4.58 ± 0.48 h
0.25 BA + 0.05 IAA	91.67 h	2.82 ± 0.30 cdef	27.98 ± 1.89 a	3.28 ± 0.37 f
0.25 BA + 0.1 IAA	100 h	3.67 ± 0.45 f	36.37 ± 2.63 abc	4.83 ± 0.41 h
0.25 KN	33.33 c	1.42 ± 0.19 ab	51.53 ± 3.84 def	0.86 ± 0.10 abc
0.25 KN + 0.05 IBA	33.33 c	1.58 ± 0.29 ab	56.81 ± 5.01 efg	1.00 ± 0.11 abcd
0.25 KN + 0.1 IBA	41.67 c	1.75 ± 0.30 ab	50.80 ± 5.90 def	1.35 ± 0.17 bcd
0.25 KN + 0.05 NAA	58.33 e	1.67 ± 0.19 ab	42.22 ± 4.38 bcd	1.41 ± 0.09 bcd
0.25 KN + 0.1 NAA	8.33 a	1.08 ± 0.08 a	63.13 ± 4.66 fg	0.21 ± 0.02 a
0.25 KN + 0.05 IAA	50 d	1.92 ± 0.29 abc	57.15 ± 5.40 fg	1.71 ± 0.14 cde
0.25 KN + 0.1 IAA	41.67 c	1.50 ± 0.19 ab	50.90 ± 5.45 def	1.08 ± 0.08 abcd
0.25 2-ip	41.67 c	1.50 ± 0.19 ab	44.58 ± 2.11 cde	1.08 ± 0.08 abcd
0.25 2-ip + 0.05 IBA	75 g	2.25 ± 0.30 bcde	29.86 ± 2.46 ab	1.88 ± 0.28 de
0.25 2-ip + 0.1 IBA	58.33 e	1.92 ± 0.29 abc	44.31 ± 2.77 cde	1.75 ± 0.21 cde
0.25 2-ip + 0.05 NAA	66.67 f	2.17 ± 0.37 abcd	37.22 ± 4.16 abc	1.78 ± 0.29 cde
0.25 2-ip + 0.1 NAA	91.67 h	2.33 ± 0.22 bcde	29.69 ± 2.81 ab	2.37 ± 0.31 e
0.25 2-ip + 0.05 IAA	33.33 c	1.75 ± 0.37 ab	40.38 ± 5.95 abcd	0.81 ± 0.10 abc
0.25 2-ip + 0.1 IAA	25 b	1.33 ± 0.19 ab	44.10 ± 4.64 cde	0.58 ± 0.08 ab
<i>p</i> -values				
Cytokinin type (A)	0.000***	0.000***	0.000***	0.000***
Auxin type (B)	0.180 ns	0.602 ns	0.361 ns	0.217 ns
Auxin Conc. (C)	0.424 ns	0.577 ns	0.035*	0.074 ns
(A)*(B)	0.180 ns	0.233 ns	0.389 ns	0.000***
(A)*(C)	0.789 ns	0.012*	0.837 ns	0.000***
(B)*(C)	0.514 ns	0.815 ns	0.604 ns	0.834 ns
(A)*(B)*(C)	0.882 ns	0.662 ns	0.000***	0.036*

Means \pm S.E, n=12. Those denoted by the same letter in each column are not statistically significant different from each other according to the Duncan's multiple range test at $P \leq 0.05$, ns: $P \geq 0.05$; * $P \leq 0.05$; *** $P \leq 0.001$

Table 2. Effect of BA, KN and 2-ip in combination with or without the auxins IBA, NAA and IAA on root number/microcutting, root length (mm) and rooting percentage of *S. fabaria* subsp. *domokina* after 5 weeks in culture [P -values from 3-way ANOVA for variables cytokinin type (A), auxin type (B), auxin concentration (C) and interactions]

Treatments (mg/l)	Root number	Root length (mm)	Rooting (%)
Control	6.38 \pm 0.43 defgh	21.00 \pm 2.45 def	75 h
0.25 BA	0.00 \pm 0.00 a	0.00 \pm 0.00 a	0 a
0.25 BA + 0.05 IBA	9.00 \pm 1.13 hij	39.60 \pm 3.46 h	50 g
0.25 BA + 0.1 IBA	5.33 \pm 0.40 cdef	37.85 \pm 2.33 h	25 d
0.25 BA + 0.05 NAA	5.25 \pm 0.31 cdef	16.38 \pm 0.90 cde	41.67 f
0.25 BA + 0.1 NAA	9.33 \pm 1.05 ij	21.34 \pm 0.79 def	16.67 c
0.25 BA + 0.05 IAA	4.00 \pm 0.28 bcd	28.70 \pm 1.60 g	33.33 e
0.25 BA + 0.1 IAA	6.67 \pm 0.47 defghi	20.56 \pm 0.09 def	25 d
0.25 KN	8.54 \pm 1.78 ghij	22.43 \pm 3.59 ef	100 k
0.25 KN + 0.05 IBA	6.50 \pm 0.79 defghi	18.83 \pm 1.69 de	100 k
0.25 KN + 0.1 IBA	7.30 \pm 1.30 efghij	26.05 \pm 5.54 fg	83.33 i
0.25 KN + 0.05 NAA	5.90 \pm 0.77 defg	12.05 \pm 0.65 bc	83.33 i
0.25 KN + 0.1 NAA	8.67 \pm 1.10 ghij	10.35 \pm 0.07 b	25 d
0.25 KN + 0.05 IAA	6.42 \pm 1.50 defgh	15.16 \pm 1.36 bcd	100 k
0.25 KN + 0.1 IAA	10.08 \pm 1.63 j	21.54 \pm 1.78 def	91.67 j
0.25 2-ip	2.00 \pm 0.12 ab	30.84 \pm 1.13 g	16.67 c
0.25 2-ip + 0.05 IBA	6.75 \pm 0.57 defghi	20.24 \pm 1.19 def	33.33 e
0.25 2-ip + 0.1 IBA	6.67 \pm 0.51 defghi	29.56 \pm 1.45 g	41.67 f
0.25 2-ip + 0.05 NAA	5.00 \pm 0.00 cde	22.00 \pm 0.00 ef	8.33 b
0.25 2-ip + 0.1 NAA	8.00 \pm 0.96 fghij	16.61 \pm 1.25 cde	25 d
0.25 2-ip + 0.05 IAA	0.00 \pm 0.00 a	0.00 \pm 0.00 a	0 a
0.25 2-ip + 0.1 IAA	3.00 \pm 0.00 bc	36.67 \pm 0.00 h	8.33 b
<i>p</i> -values/ 3-way ANOVA			
Cytokinin type (A)	0.000***	0.000***	0.000***
Auxin type (B)	0.000***	0.000***	0.022*
Auxin Concentration (C)	0.000***	0.000***	0.445 ns
(A)*(B)	0.000***	0.000***	0.209 ns
(A)*(C)	0.377 ns	0.000***	0.060 ns

(B)*(Γ)	0.000***	0.000***	0.045*
(A)*(B)*(Γ)	0.180 ns	0.000***	0.315 ns

Means \pm S.E, n=12. Those denoted by the same letter in each column are not statistically significant different from each other according to the Duncan's multiple range test at $P \leq 0.05$, ns: $P \geq 0.05$; * $P \leq 0.05$; *** $P \leq 0.001$

In the second experiment, root number was maximum (9.75 roots/rooted microplant) with 0.5 mg/l NAA (almost double) in relation to the control. The other 2 auxin types, IBA and IAA (irrespective of concentration) gave similar root numbers (4.57-5.73) to the control (4.6 roots). However, the 2 lowest applied NAA concentrations (0.1 and 0.25 mg/l) caused a 2.3 to 2.6-fold decrease in root number from 4.6 (control) to 1.75-2. Root length was greatest by adding either 0.5 mg/l IBA (24.15 mm) or 0.1 mg/l IAA (24.59 mm), increased by 0.5 cm with respect to the control. NAA, on the other hand, irrespective of concentration diminished root length from 19.13 mm (control) to 5-9.46 mm (decrease by 1-1.4 cm). Rooting 100% was achieved in the following 4 treatments: IBA (0.1 and 0.25 mg/l), and IAA (0.25 and 0.5 mg/l). NAA gave low rooting percentages (12.5-25%) compared to the control (3.75-7.5 decrease). Root morphology of explants treated with IBA and IAA was similar; white colored roots of sufficient thickness and length, harsh texture, without lint and absence of radical hairs over the main/primary roots. However, NAA gave roots of different morphology and lower quality than IBA and IAA; compact fluffy roots, extremely short of soft texture with numerous radical hair roots. Among the 3 auxin types, IBA was the most effective for rooting of *S. fabaria* ssp. *domokina* shoot tip explants, IAA recorded intermediate results and NAA was the least effective. Therefore, the best rooting treatment was 0.1 mg/l IBA, taking simultaneously all attributes into consideration (Table 3).

Table 3. Effect of auxin type (IBA, NAA, IAA) and concentration (0, 0.1, 0.25, 0.5 mg/l) on rooting percentage (%), root number/rooted microcutting and root length (mm) in *S. fabaria* subsp. *domokina* shoot-tip explants after 4 weeks of *in vitro* culture [*P*-values from 2-way ANOVA for variables auxin type (A), auxin concentration (B) and their interaction (A*B)]

Treatments (mg/l)	Rooting (%)	Root number	Root length (mm)
Control	93.75 c	4.60 \pm 0.57 b	19.13 \pm 1.75 cd
0.1 IBA	100 d	5.73 \pm 0.60 b	22.91 \pm 1.45 de
0.25 IBA	100 d	5.31 \pm 0.51 b	21.66 \pm 1.74 cde
0.5 IBA	93.75 c	4.83 \pm 0.42 b	24.15 \pm 1.17 e
0.1 NAA	25 b	1.75 \pm 0.06 a	8.13 \pm 0.27 ab
0.25 NAA	12.5 a	2.00 \pm 0.09 a	5.00 \pm 0.00 a
0.5 NAA	25 b	9.75 \pm 0.42 c	9.46 \pm 0.14 b
0.1 IAA	93.75 c	4.57 \pm 0.43 b	24.59 \pm 2.04 e
0.25 IAA	100 d	5.20 \pm 0.37 b	22.09 \pm 1.08 de
0.5 IAA	100 d	5.13 \pm 0.76 b	18.03 \pm 1.61 c
<i>P</i> -values			
Auxin type (A)	0.000***	0.226 ns	0.000***
Auxin Concentration (B)	0.000***	0.000***	0.056 ns
(A)*(B)	0.000***	0.000***	0.000***

Means \pm S.E. with the same letter in a column are not statistically significant different from each other according to the Duncan's multiple range test at $P \leq 0.05$. ns: $P \geq 0.05$, *** $P \leq 0.001$

In the second experiment, all 3 auxins did not differentiate shoot number (1-1.13 shoots/explant) and shoot proliferation rate (2.63-3.56) to a considerable degree in comparison to the control (1.19 shoots/explant, 3.19 proliferation rate). Shoot length was greatest (80.63 mm) with 0.5 mg/l IAA and enhanced by 1.3 cm related to the control's (67.19 mm), whereas all the other treatments gave similar results. Shoot multiplication percentage was higher (18.75%) in the control explants (Table 4).

The survival percentage of rooted microplants acclimatized within 4 weeks in the mist system was 92.31%. The vegetative growth and development of plants within this 4-week period was substantially enhanced. The percentage of successfully acclimatized plants that achieved to survive throughout subsequent transplantations to 0.33 and 2.5L pots was 100%. The whole acclimatization and hardening process of *S. fabaria* subsp. *domokina* from *in vitro* rooted plantlets to hardened potted plants in the nursery outdoors, was completed within a 16-week period (mid-February until the end of May 2018) (Figure 2a-2c).

Table 4. Effect of auxin type (IBA, NAA, IAA) and concentration (0, 0.1, 0.25, 0.5 mg/l) on shoot formation percentage (%), shoot number/explant, shoot length (mm) and shoot proliferation rate in *S. fabaria* subsp. *domokina* shoot-tip explants after 4 weeks of *in vitro* culture [*P*-values from 2-way ANOVA for variables auxin type (A), auxin concentration (B) and their interaction (A*B)]

Treatments (mg/l)	Shoot formation (%)	Shoot number	Shoot length (mm)	Shoot proliferation rate
Control	18.75 d	1.19 \pm 0.10 a	67.19 \pm 4.38 ab	3.19 \pm 0.21 ab
0.1 IBA	12.5 c	1.13 \pm 0.09 a	76.25 \pm 4.07 bc	3.56 \pm 0.22 b
0.25 IBA	6.25 b	1.06 \pm 0.06 a	75.16 \pm 3.78 bc	3.47 \pm 0.24 b
0.5 IBA	12.5 c	1.13 \pm 0.09 a	73.59 \pm 3.98 bc	3.22 \pm 0.27 ab
0.1 NAA	6.25 b	1.06 \pm 0.06 a	59.53 \pm 2.98 a	2.63 \pm 0.17 a
0.25 NAA	0 a	1.00 \pm 0.00 a	72.19 \pm 2.81 bc	3.13 \pm 0.21 ab
0.5 NAA	0 a	1.00 \pm 0.00 a	70.94 \pm 2.82 bc	2.94 \pm 0.25 ab
0.1 IAA	6.25 b	1.06 \pm 0.06 a	77.81 \pm 3.98 bc	3.44 \pm 0.27 b
0.25 IAA	0 a	1.00 \pm 0.00 a	75.31 \pm 2.07 bc	2.94 \pm 0.18 ab
0.5 IAA	0 a	1.00 \pm 0.00 a	80.63 \pm 3.68 c	3.56 \pm 0.23 b
<i>P</i> -values				
Auxin type (A)	0.000***	0.335 ns	0.010**	0.035*
Auxin Concentration (B)	0.000***	0.017*	0.041*	0.987 ns
(A)*(B)	0.000***	0.981 ns	0.139 ns	0.117 ns

Means \pm S.E. with the same letter in a column are not statistically significant different from each other according to the Duncan's multiple range test at $P \leq 0.05$. * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$



Figure 2. Acclimatization of the *in vitro* rooted *S. fabaria* subsp. *domokina* plantlets in unheated greenhouse conditions. **(a)** rooted microplants prior transplanting in a peat moss (TerraHum): perlite (1:1 v/v) substrate and transfer into plastic tunnel fog system in mid-February **(b, c)** transplanted acclimatized plantlets after 4 weeks in pots of 0.33 Lt and after another 7 weeks in 2.5 L pots, respectively, containing a peat moss (TS2, Clammann): perlite: soil (2:1/2:1/2 v/v) substrate and transferred on a greenhouse bench with 50 ± 5% relative humidity and irrigated by sprinkling

Discussion

Modern biotechnology tools including micropropagation can be a safeguard measure against the increasing loss of wild populations in the nature, providing higher yield, commercial utilization potential on a commercial basis, improved genetic characteristics, production of clonal plants and preservation of germplasm [29]. In general, cytokinins and auxins are important plant growth regulators (PGRs) in tissue culture systems as the former is primarily required for production of multiple shoots and the later mainly for root formation [30].

Cytokinins are used for the induction of both adventitious and axillary shoots from meristematic explants by inhibiting or decreasing the apical meristem dominance [31]. It has been reported on various *Silene* species that PGRs supplemented to the culture medium improve the number of shoots and shoot length [20-22]. The combination treatment 0.25 mg/l BA + 0.1 mg/l IAA proved to be the best for the initial shoot induction phase of *S. fabaria* subsp. *domokina* explants in the current study. Dixon and Gonzales [32] reported that the two main categories of PGRs, cytokinins and auxins are required in combination in tissue culture media as they can alter the growth response of plant cultures based on their variation levels. In another *Silene* species (*S. leucophylla*), a maximum shoot production (150 shoots/single explant) was achieved on MS medium supplemented with 4.5 mg/l BA, 0.5 g/l casein and 0.5 mg/l silver nitrate [33]. It is worth mentioning that among the different cytokinin types, BA is the most effective, low cost and preferable cytokinin used for the shoot proliferation stage [34].

In the first experiment, the addition of high concentrations of cytokinins with and without auxins had a negative effect on shoot length of *S. fabaria* explants, therefore for the subsequent shoot elongation phase, the MS hormone-free medium proved to be the most effective. Similarly, Buishing et al. [35] experimenting with soybean observed an inhibition in the elongation of adventitious meristems when higher BA concentrations were used. Different results have been reported for a *Silene* hybrid (*S. polypetala* x *S. virginica*) where the MS basal medium supplemented with 1 mg/l BA appeared to be optimal for the massive production of non-vitreous shoots with sufficient length [21]. In the second experiment of our study, however the addition of the auxin IAA at 0.5 mg/l stimulated further the elongation of the proliferated shoots (80.63 mm) in comparison to cytokinin + auxin hormonal combinations of the first experiment (27.98-63.13 mm) and the controls of both experiments conducted (66.45-67.19 mm).

In the current study, BA was the most effective cytokinin type for shoot proliferation of *S. fabaria* microplants in comparison to kinetin and 2-ip, applied in combination with or without the addition of IBA and NAA. In another study, Buah et al. [36] demonstrated that each cytokinin type displays specific relative strength in the ability of explants for multiple shoot induction, depending on several factors including mobility, stability, conjugation and oxidation rate as well as interaction with other PGRs present in the medium. In consistency with our results in *S.*

fabaria and according to Rajasekhar and Nair [37] in diploid and triploid *Musa* cultivars, BA showed better shoot formation performance probably due to its higher stability in comparison to the other two cytokinins, kinetin and 2-ip. The same authors postulated that both conjugation rate and breakdown of BA in the culture medium are lower and slower, thus maintaining its activity for a longer period, being readily available to plant tissues in larger amounts in free or ionized forms than the other cytokinin types. In *S. bolanthoides* Quezel, Contandr. & Pamukc., the highest number of regenerated shoots (5.75) was obtained from nodal explants that were cultured on MS medium with 2 mg/l BA and 0.1 mg/l NAA [38]. With respect to *S. fabaria* explants under experimentation, BA is the most suitable cytokinin type, regardless auxin type for shoot proliferation. BA in combination with NAA has been the most widely used for promoting shoot induction and multiplication in *Silene* species [24-26]. KIN and 2-ip, on the other hand led to a decline in shoot number and shoot multiplication percentage, therefore are not appropriate cytokinin types for *in vitro* shoot proliferation for *S. fabaria* under study.

In the present study, the application of BA + IBA had a positive effect on initial shoot proliferation (3.67 shoot number, 100% shoot formation percentage) and root elongation (37.85-39.6 mm) of *S. fabaria* microplants. It is widely known the necessity of supplementing the culture medium with a low concentration of auxin along with a cytokinin, both in optimum quantities for obtaining higher rate of shoot multiplication [19]. In consistency with our findings, in another *Silene* species (*S. cretacea*), basic Woody Plant Medium (WPM) containing vitamins according to MS medium and supplemented with 0.2 mg/l BA, 1 mg/l KIN, 1 mg/l GA₃, and 0.5 mg/l IBA was the most effective at shoot proliferation and rooting stages in one step [20]. The maintenance of balance between inorganic and organic constituents in the culture medium is a prerequisite factor for the growth of plant cells/tissues and is regulated by different hormones applied either individually or in combination defining explants' subsequent differentiation and development either into shoots or roots or both [39]. Accordingly, the most suitable medium for both shoot proliferation and rooting of *S. eviscosa* and *S. schischkini* was the MS supplemented with 0.1 mg/l KIN and 0.2 mg/l GA₃ [40].

With respect to the studied *S. fabaria*, best rooting results were also obtained by incorporating 0.1 mg/l IBA (5.73 roots 22.91 mm long, 100% rooting) into the MS medium after a 4-week period of culture. The optimal medium for rooting of 4 *Silene* species (*S. fetissovii*, *S. obovata*, *S. sussamyrica* and *S. ladyginae*) was the MS with the addition of 1 mg/l IAA [40]. On the other hand, in *S. bolanthoides* Quezel, Contandr. & Pamukc. regenerated shoots were rooted on PGRs-free MS medium [38]. *S. fabaria* explants under study yielded better rooting performance when treated with 0.1 mg/l IBA followed by KIN + auxins hormonal combinations. Our findings are up to a point in agreement with those obtained in *S. leucophylla*, wherein the MS medium fortified with 4 mg/l BA, 0.4 mg/l NAA, 0.2 mg/l GA₃, 200 mg/l adenine sulfate, 0.5 mg/l silver nitrate and 0.5 g/l casein favored rooting of the proliferated shoots [33]. IAA is the most widely known endogenous auxin but with the highest oxidation rate compared to the other natural IBA, or the synthetic NAA auxins [41, 42]. In particular, previous investigations on eucalyptus revealed the existence of differences in the stability of IBA and IAA as depicted by their performance in root formation [43], thus, IBA is highly stable in plant tissues and the most widely used auxin for root induction [42].

In this study, the establishment of a complete direct *in vitro* propagation protocol of *S. fabaria* subsp. *domokina* was described using shoot-tip explants in order to obtain clonal plants for the creation of mother plantations and maintenance of microplants, to have adequate material to use in future studies.

Conclusions

In vitro propagation of medicinal plants with enriched bioactive principles is found to be highly useful for commercial production of medicinally important compounds. Reintroduction and reinforcement programs targeting to the protection of wild populations under extinction and creation of plant propagating material and mother plantations can be achieved via *ex situ* conservation methods. In the present study, an effective disinfection protocol was obtained (90.91%), followed by an extremely rapid increase (6-fold) in the number of proliferated shoots within a 3-month period. For the initial establishment stage, the MS medium supplemented with 0.25 mg/l BA, 0.1 mg/l IBA and 0.1 mg/l GA₃ was effective. The hormonal combination 0.25 mg/l BA + 0.1 mg/l IAA is proposed for the initial shoot induction stage (100% shoot formation, 4.83 proliferation rate) (5

weeks), 0.5 mg/l IAA for the elongation of the proliferated shoots, and 0.1 mg/l IBA for rooting (100%) (4 weeks). The *ex vitro* acclimatization of rooted vitroplants was successful with 92.31% survival rate, during the whole 16-week period (mid-February until the end of May 2018). This is the first efficient and reusable micropropagation protocol of medicinal-ornamental *S. fabaria* subsp. *domokina* established to address increased demand, germplasm conservation and future genetic engineering goals.

Conflicts of Interest

The authors declare no conflict of interest in this work

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